



**SHEPHERDS OF GOOD HOPE
LES BERGERS DE L'ESPOIR**

**233, RUE MURRAY STREET
OTTAWA ONTARIO K1N 5M9
613-789-8210**

SGHOTTAWA.COM

Canned Food Guidelines

Thank you so much for hosting a food drive for Shepherds of Good Hope. The items donated through food drives like this allow us to serve more than 325,000 meals to people in need in our community each year.

Responsible stewardship of donations, food security, and health and safety are very important to us. For these reasons, we've put together the following guidelines to help you have a successful food drive in a way that best meets the needs of our community.

What we need:

Shepherds of Good Hope requires a lot of food to use in our soup kitchen and supportive housing programs. Between these programs, we are serving approximately 900 meals every day. At our busiest, we can serve 300 people in a single meal in our soup kitchen.

Bulk canned items or many cans of the same item are most helpful to us as we are feeding a LOT of people at once! (Please note that we no longer offer a community grocery program, so are not giving out single items to individuals or families).

Our most used items:

- Crushed tomatoes
- Canned beans (chickpeas, kidney beans, etc.)
- Canned meat (tuna, salmon, turkey)
- Creamed soups (cream of mushroom, chicken)
- Canned vegetables

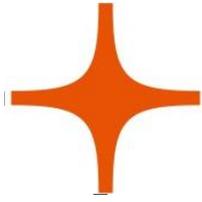
Did you know?

We make all our soup from scratch, in a giant soup kettle. Therefore, canned soups are not helpful to us, with the exception of the creamed soups that we use in our casseroles.

Making every can count!

We know that many schools offer a challenge or prize to the class who can collect the most cans, and this is a fun incentive for students to encourage charitable giving. We suggest counting a bulk can as 5 cans or having classes organize to collect many of the same item and offering a prize for the most items of one product (ie. different classes could focus on specific items).

**CHARITY REGISTRATION NUMBER
13072 4255 RR0001**



Once you have collected your food:

- Food should be packed in boxes/packages no larger than 2'x2' or approx. 30 lbs. This helps us immensely with respect to storage.
- Approximately 3 staff/students are required to assist in loading the food drive items in the truck.
- For health and safety reasons, we accept non-perishable goods only. Perishable food donations must be arranged directly with our Community Services Team (please see contact information below).
- All donated items must be in sealed and unopened packaging.
- Expired or damaged cans cannot be accepted.
- Please ensure gift cards/cheques are given directly to the driver.

Please organize the pick-up of your food drive items with our Community Services Team at least one week in advance by calling 613-789-8210, ext. 300, or by completing our online form: <https://www.sghottawa.com/donation-form/>. The Community Services Team are also happy to answer any questions you may have and give more detailed information about our most needed items at the time of your food drive.

Thank you so much for thinking of those whom we assist at Shepherds of Good Hope and for having such an impact on the lives of homeless and vulnerable people in Ottawa. We wish you great success with your food drive!