



**SHEPHERDS OF GOOD HOPE
LES BERGERS DE L'ESPOIR**

233, RUE MURRAY STREET
OTTAWA ONTARIO K1N 5M9
613-789-8210

SGHOTTAWA.COM

Hygiene Supply Donation Guidelines:

Thank you so much for putting together a hygiene supply drive for Shepherds of Good Hope. The items donated through projects like this allow us to support more than 500 people each day in our shelter, supportive housing and soup kitchen programs.

Responsible stewardship of donations is very important to us. For these reasons, we've put together the following guidelines to help you have a successful project in a way that best meets the needs of our community.

What we need:

We benefit hugely from the generous support of our community. Therefore, there are certain items we go through more quickly than others, and some that we have in ample supply from previous years. Please note that Shepherds of Good Hope serves individuals from all genders and therefore uses both "men's" and "women's" hygiene items.

MOST NEEDED	MODERATELY NEEDED	NOT NEEDED	NOT ACCEPTED
Razors	Shaving cream	Toothbrushes	Mouthwash
Shampoo	Feminine hygiene products	Toothpaste	Hand sanitizer
Body wash	Dental floss	Soap	Perfume
Deodorant	Hair elastics	Bubble bath	Homemade food items
Hair brushes	Candy	Conditioner	Clothing
Mittens	Pens	Hats	
Underwear	Small books (e.g. notebooks, puzzle books)	Scarves	
Socks		Loofahs	
		Hair accessories (clips, headbands)	
		Gift cards	



Once you have collected your items:

- Items should be packed in boxes/packages no larger than 2'x2' or approx. 30 lbs. This helps us immensely with respect to storage.
- If you have a large number of boxes, please provide up to 3 people assist in loading the items in the truck.
- All donated items must be in sealed and unopened packaging.
- Please ensure any cheques are given directly to the driver.

Please organize the pick-up of your items with our Community Services Team at least one week in advance by calling 613-789-8210, ext. 300, or by completing our online form: www.sghottawa/donation-form. The Community Services Team are also happy to answer any questions you may have and give more detailed information about our most needed items at the time of your drive.

Thank you so much for thinking of those whom we assist at Shepherds of Good Hope and for having such an impact on the lives of homeless and vulnerable people in Ottawa. We wish you great success with your drive!